

Queer Events

Choeur gai d'Ottawa Gay Men's Chorus

Choeur gai d'Ottawa Gay Men's Chorus is a local, independent, charitable organization, the mission of which is to perform quality choral music and to contribute to the LGBTQ community. The chorus achieves its mission by: providing an opportunity for gay men to affirm their identity providing mutual support for members promoting LGBTQ artists and their works broadening musical tastes developing musical skills building a bilingual repertoire co-operating with other elements of the LGBTQ community to foster a positive image

CUSA Gender & Sexuality Resource Centre

The Gender and Sexuality Resource Centre (GSRC) aims to be a safe(r) space for Carleton students of all gender identities and sexual orientations through education, advocacy, and support.

gsrc@cusaonline.ca

Family Services Ottawa

We offer counselling and support services to anybody in Ottawa who needs it. No matter what it is that you're dealing with, we're here to listen. We offer a safe space, and will help you work through whatever is troubling you. Our programs are run by counsellors who are highly skilled and trained in each of our service areas. Family services staff and clients who have already benefited from our services are also involved in making our programs as helpful and successful as they are. We're here. We're available and we're open. Client focused, community focused. Everything we do at family services is focused on helping our clients. Whether it's an abusive relationship, coping with stress and anxiety, or adjusting to a divorce or separation, we have programs that can help. By helping the individuals who live in it, we help our community. There is nothing more satisfying than that.

fsfo@familyservicesottawa.org

<http://familyservicesottawa.org/>

Gay Ottawa Volleyball

The Gay Ottawa Volleyball (GOV) league is a volunteer, non-profit volleyball league catered mainly to the lesbian, gay, bi-sexual, transgender, queer, and LGBTQ-friendly within the National Capital Region (NCR). The league provides an inclusive and fun environment, but also serves as a healthy social venue for the LGBTQ community in the NCR. The GOV league consists of 2 different nights catered for beginner/intermediate and competitive players



Connect with QueerEvents.ca to learn more about the LGBT2Q+ events, resources & opportunities.

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Kind Space

Kind Space is committed to providing Ottawa – located on unceded Algonquin territory, accessible resources, events, social, and educational programming to celebrate and support people of all sexual orientations, gender identities and expressions.

welcome@kindspace.ca

<http://kindspace.ca/>

Lesbian Outdoor Group (LOG)

The Lesbian Outdoor Group (LOG) provides opportunities for LGBT women in the Ottawa-Gatineau region to enjoy the great outdoors and to socialize indoors too! Members organize a wide variety of indoor and outdoor activities for the benefit of other members. In LOG, lesbians get together year-round for hikes in the Gatineau hills, potluck gatherings, snowshoe walks, a yearly picnic and even a warm-the-winter dance. LOG celebrated its 20th anniversary in November 2015 with a very successful dinner and concert! Cheers to the next 20! The group has sparked many friendships and connections over the years. All lesbians are welcome to join our activities and meet like-minded women. There may be a small charge for non-members, and in some cases where an activity is held at a member's home, the activity may be restricted to LOG members. As well, activities with limited registration are available to members only.

Ottawa Bears

The Ottawa Bears is a group of Bears and Bear admirers located in the Ottawa, Ontario and Gatineau, Québec region of Canada. The purpose of the group is to organize get togethers and social events for the bear community, to promote a more positive body image among large and/or furry gay men and to promote bear culture within the gay and straight communities of the greater Ottawa region. We welcome people of all types –big or small, furry or smooth, bear or admirer– who like the company of bears.

Ottawa Capital Pride

Through the annual Ottawa Capital Pride Festival, Capital Pride works hard to create an open and respectful space for the rainbow community to advocate issues of concern. Our Mission
The mission of the Ottawa Capital Pride organization is to create an environment for advocacy, education, and to foster of a strong and vibrant Rainbow Community within the Nation's Capital region.

info@ottawacapitalpride.ca

<http://ottawacapitalpride.ca/>



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Ottawa Senior Pride Network

Ottawa Senior Pride Network (OSPN) is a volunteer-run network of LGBT seniors (50+) and allies. We are committed to creating safe, LGBT-positive seniors' services & programs, and residential environments through education, advocacy, and outreach. OSPN is also working to build a strong connected, visible senior queer community in Ottawa. We approach our work from two angles: Service Perspective: workshops and professional development for the staff, volunteers, members, and clients of seniors' centres and service agencies, palliative care services, residential care facilities, and homecare agencies. Community Perspective: our first engagement project was a very successful one-day conference in June of 2010 'Taking LGBT Aging Out of the Closet'. A number of sub-committees were established at the conference and new ones have been created as we've grown into a network with over 650 members.

PFLAG Stittsville

PFLAG Stittsville is a chapter of PFLAG Canada, a national charitable organization that provides support, information and resources to anyone with questions or concerns about sexual orientation or gender identity issues. The organization oversees a network of highly effective volunteers that provide local support in nearly 80 communities nationwide. People who are struggling with sexual and gender identity issues often have difficulty asking for help. What can I expect at a PFLAG Chapter meeting? Chapter meetings begin with a brief statement from the Chapter Leader, followed by a round of introductions from those in attendance. People often mention why they have come: some wish to learn, some may be experiencing a difficult adjustment and others attend just to provide support. Almost everyone who attends PFLAG meetings has been directly affected by issues pertaining to sexual orientation or gender identity (individuals, parents, family members and close friends), but we also have allies who attend because they care deeply about social justice and equality for members of the rainbow community.



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Rideau Speedeaus

The Ottawa Rideau Speedeaus d'Ottawa is a swim team with a difference: it is primarily a gay, lesbian, bisexual, trans, queer and two-spirited swim team, but welcomes everyone including members from the straight community. Our main purpose is to help members reach their swimming goals, be they for competition, fitness or recreation. Previous competitive swimming experience is not a prerequisite and members participate in competitions only if they choose to do so. Our swim lanes are organized by level of ability, offering a place for everyone, from the beginner to the seasoned competitor. ? We value swimming in an inclusive, diverse, fun, open, trustful, safe and supportive environment. We are committed to creating a welcoming, non-discriminatory environment, and encourage the participation of women, people of colour, linguistic minorities, and people with disabilities. We ask that, as a minimum, new swimmers be comfortable in deep water and have some knowledge of swimming. Special Learn-to-Swim programs are held from time to time for budding swimmers not yet ready to attend regular practices. Enjoy your time with the Speedeaus. We're always looking for new people.



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